

JUNE 2017

STANTON HALL FITNESS

26 Russell Road, Huntington, MA 01050

(413) 667- 3500 huntingtonma.us

<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>INSTRUCTORS:</u>
				1 5:30 pm Zumba	2 9:00 am Fitness	<i>ZUMBA Cheryl Harper 413 623 6423</i>
4 5 – 6 pm Tae Kwon Do	5 No Classes	6 5:30 pm Zumba (tentative)	7 9:00 am Yoga	8 5:30 pm Zumba	9 9:00 am Fitness	<i>FITNESS/STRENGTH Eileen Narad 413 667 8880</i>
11 5 – 6 pm Tae Kwon Do	12 5:30 pm Strength Training	13 5:30 pm Zumba	14 9:00 am Yoga	15 5:30 pm Zumba	16 8:30 am Fitness	<i>YOGA Kat Peterson 413 667 3949</i>
18 5 – 6 pm Tae Kwon Do	19 5:30 pm Strength Training	20 5:30 pm Zumba	21 9:00 am Yoga	22 5:30 pm Zumba	23 9:00 am Fitness	<i>TAE KWON DO Shaun Wasserman 302 470 1163</i>
25 5 – 6 pm Tae Kwon Do	26 5:30 pm Strength Training	27 5:30 pm Zumba	28 9:00 am Yoga	29 5:30 pm Zumba	30 9:00 am Fitness	

DROP INS ALWAYS WELCOME!

Zumba, Yoga, & Fitness Classes

\$5.00 per session

Tae Kwon Do & Strength Training

\$10.00 per session.