Exercise Opportunities

Chair Yoga

Every Wednesday, 10:00 - 11:15 a.m. at Stanton Hall, \$5 per class

Line Dancing

Every Thursday, 10:00 - 11:00 a.m. at Stanton Hall

Runs September through June

Pickleball

Every Thursday, 2:00 - 6:00 p.m. Behind Library

Equipment Available for Use at Other Times - Sign Up for Lock Combination

Gateway Fitness Center

Monday - Friday (when school is in session), 2:10 - 5:00 p.m.

at Gateway Regional High School

Registration and waiver paperwork is required for each program and needs to be completed before starting. Paperwork is available at Town Hall or by contacting the COA at coa [at] huntingtonma.us or 413-512-5205.